# WEEK 38 — SCHOOL LUNCH MENU

Allergen information is based on the supplied catering menu data. **Always verify current recipes and ingredient specifications before service.** Pupils with diagnosed allergies must be supported in line with their Individual Healthcare Plan (IHP) and school allergy arrangements; this menu is not the sole safety check.

| | MON 14 SEPT | TUE 15 SEPT | WED 16 SEPT | THU 17 SEPT | FRI 18 SEPT |
|---|---|---|---|---|---|
| **MAIN** | **Macaroni cheese with bacon**<br>Contains: Wheat (gluten), Milk, Mustard | **Jacket potato**<br>Contains: No regulated allergens listed in supplied menu data | **Beef stroganoff**<br>Contains: Wheat (gluten), Milk | **Hunters chicken**<br>Contains: Celery, Wheat (gluten), Milk, Soya | **Pork sausages in a roll**<br>Contains: Sulphites, Wheat (gluten) |
| **HALAL** | **Macaroni cheese**<br>Contains: Wheat (gluten), Milk, Mustard | **Jacket potato**<br>Contains: No regulated allergens listed in supplied menu data | **Beef stroganoff**<br>Contains: Wheat (gluten), Milk | **Hunters chicken (no bacon)**<br>Contains: Celery, Wheat (gluten), Milk, Soya | **Veggie sausages in a roll**<br>Contains: Wheat (gluten) |
| **VEGETARIAN** | **Veggie macaroni cheese**<br>Contains: Wheat (gluten), Milk, Mustard | **Jacket potato**<br>Contains: No regulated allergens listed in supplied menu data | **Mushroom stroganoff**<br>Contains: Wheat (gluten), Milk | **Hunters style Quorn**<br>Contains: Celery, Wheat (gluten), Milk, Soya | **Veggie sausages in a roll**<br>Contains: Wheat (gluten) |
| **SERVED WITH** | **Crusty bread** [Wheat (gluten)]<br>**Peas**<br>**Salad** | **Grated cheese** [Milk]<br>**Baked beans**<br>**Coleslaw** [Milk]<br>**Salad**<br>**Beef chilli**<br>**Tuna mayo** [Egg, Fish]<br>**Coronation chicken** [Egg] | **Rice**<br>**Carrots**<br>**Salad** | **Roast potatoes**<br>**Cauliflower**<br>**Green beans**<br>**Salad** | **Hash brown bites**<br>**Baked beans**<br>**Fried onions**<br>**Salad** |

**ALLERGEN KEY — 14 REGULATED ALLERGENS: CEL** Celery **| GLU** Cereals containing gluten **| CRU** Crustaceans **| EGG** Eggs **| FIS** Fish **| LUP** Lupin **| MIL** Milk **| MOL** Molluscs **| MUS** Mustard **| PEA** Peanuts **| SES** Sesame **| SOY** Soya **| SUL** Sulphites **| NUT** Tree nuts
**Important:** "Contains" identifies allergens recorded in the supplied menu. It does not mean a dish is safe for a pupil with an allergy. Check cross-contact, supplier/recipe changes and precautionary allergen information through the catering allergen-control process. If information is unclear or has changed, do not serve until verified.

# WEEK 39 — SCHOOL LUNCH MENU

Allergen information is based on the supplied catering menu data. **Always verify current recipes and ingredient specifications before service.** Pupils with diagnosed allergies must be supported in line with their Individual Healthcare Plan (IHP) and school allergy arrangements; this menu is not the sole safety check.

| | MON 21 SEPT | TUE 22 SEPT | WED 23 SEPT | THU 24 SEPT | FRI 25 SEPT |
|---|---|---|---|---|---|
| **MAIN** | **Pasta carbonara**<br>Contains: Wheat (gluten), Milk | **Homemade pizza with various toppings**<br>Contains: Wheat (gluten), Milk | **Chicken fajitas**<br>Contains: Wheat (gluten) | **Beef lasagne**<br>Contains: Wheat (gluten), Milk, Mustard | **Chicken burger in a bun**<br>Contains: Wheat (gluten) |
| **HALAL** | **Veggie pasta carbonara**<br>Contains: Wheat (gluten), Milk | **Homemade pizza with various toppings**<br>Contains: Wheat (gluten), Milk | **Chicken fajitas**<br>Contains: Wheat (gluten) | **Beef lasagne**<br>Contains: Wheat (gluten), Milk, Mustard | **Veggie escalope in a bun**<br>Contains: Wheat (gluten), Egg, Milk |
| **VEGETARIAN** | **Veggie pasta carbonara**<br>Contains: Wheat (gluten), Milk | **Homemade pizza with various toppings**<br>Contains: Wheat (gluten), Milk | **Quorn fajitas**<br>Contains: Wheat (gluten) | **Veggie lasagne**<br>Contains: Wheat (gluten), Milk, Mustard | **Veggie escalope in a bun**<br>Contains: Wheat (gluten), Egg, Milk |
| **SERVED WITH** | **Crusty bread** [Wheat (gluten)]<br>**Peas**<br>**Salad** | **Pepperoni** [Milk]<br>**Ham & pineapple**<br>**BBQ chicken & sweetcorn** [Celery, Wheat (gluten), Barley (gluten), Soya]<br>**Vegetable**<br>**Cheese & tomato**<br>**Pasta salads** [Wheat (gluten)]<br>**Coleslaw** [Egg]<br>**Salad** | **Mexican rice**<br>**Grated cheese** [Milk]<br>**Coleslaw** [Egg]<br>**Salad** | **Garlic bread** [Wheat (gluten)]<br>**Coleslaw** [Egg]<br>**Sweetcorn**<br>**Salad** | **Seasoned wedges** [Wheat (gluten)]<br>**Baked beans**<br>**Coleslaw** [Egg]<br>**Salad** |

**ALLERGEN KEY — 14 REGULATED ALLERGENS: CEL** Celery **| GLU** Cereals containing gluten **| CRU** Crustaceans **| EGG** Eggs **| FIS** Fish **| LUP** Lupin **| MIL** Milk **| MOL** Molluscs **| MUS** Mustard **| PEA** Peanuts **| SES** Sesame **| SOY** Soya **| SUL** Sulphites **| NUT** Tree nuts
**Important:** "Contains" identifies allergens recorded in the supplied menu. It does not mean a dish is safe for a pupil with an allergy. Check cross-contact, supplier/recipe changes and precautionary allergen information through the catering allergen-control process. If information is unclear or has changed, do not serve until verified.

# WEEK 40 — SCHOOL LUNCH MENU

Allergen information is based on the supplied catering menu data. **Always verify current recipes and ingredient specifications before service.** Pupils with diagnosed allergies must be supported in line with their Individual Healthcare Plan (IHP) and school allergy arrangements; this menu is not the sole safety check.

| | MON 28 SEPT | TUE 29 SEPT | WED 30 SEPT | THU 1 OCT | FRI 2 OCT |
|---|---|---|---|---|---|
| **MAIN** | **Spaghetti bolognese**<br>Contains: Wheat (gluten) | **Cheese burger in a bun**<br>Contains: Milk, Wheat (gluten) | **Jacket potatoes**<br>Contains: No regulated allergens listed in supplied menu data | **Chicken curry**<br>Contains: No regulated allergens listed in supplied menu data | **Pork sausages**<br>Contains: Sulphites |
| **HALAL** | **Spaghetti bolognese**<br>Contains: Wheat (gluten) | **Cheese burger in a bun**<br>Contains: Milk, Wheat (gluten) | **Jacket potatoes**<br>Contains: No regulated allergens listed in supplied menu data | **Chicken curry**<br>Contains: No regulated allergens listed in supplied menu data | **Veggie sausages**<br>Contains: No regulated allergens listed in supplied menu data |
| **VEGETARIAN** | **Veggie spaghetti bolognese**<br>Contains: Wheat (gluten), Soya | **Veggie burger with cheese in a bun**<br>Contains: Milk, Wheat (gluten) | **Jacket potatoes**<br>Contains: No regulated allergens listed in supplied menu data | **Sweet potato & lentil curry**<br>Contains: No regulated allergens listed in supplied menu data | **Veggie sausages**<br>Contains: No regulated allergens listed in supplied menu data |
| **SERVED WITH** | **Garlic bread** [Wheat (gluten)]<br>**Sweetcorn**<br>**Grated cheese** [Milk]<br>**Salad** | **Seasoned wedges** [Wheat (gluten)]<br>**Baked beans**<br>**Coleslaw** [Egg]<br>**Salad** | **Grated cheese** [Milk]<br>**Baked beans**<br>**Coleslaw** [Milk]<br>**Salad**<br>**Beef chilli**<br>**Tuna mayo** [Egg, Fish]<br>**Coronation chicken** [Egg] | **Rice**<br>**Broccoli**<br>**Naan bread** [Wheat (gluten)]<br>**Salad** | **Potato waffles**<br>**Baked beans**<br>**Salad** |

**ALLERGEN KEY — 14 REGULATED ALLERGENS: CEL** Celery **| GLU** Cereals containing gluten **| CRU** Crustaceans **| EGG** Eggs **| FIS** Fish **| LUP** Lupin **| MIL** Milk **| MOL** Molluscs **| MUS** Mustard **| PEA** Peanuts **| SES** Sesame **| SOY** Soya **| SUL** Sulphites **| NUT** Tree nuts
**Important:** "Contains" identifies allergens recorded in the supplied menu. It does not mean a dish is safe for a pupil with an allergy. Check cross-contact, supplier/recipe changes and precautionary allergen information through the catering allergen-control process. If information is unclear or has changed, do not serve until verified.

# WEEK 41 — SCHOOL LUNCH MENU

Allergen information is based on the supplied catering menu data. **Always verify current recipes and ingredient specifications before service.** Pupils with diagnosed allergies must be supported in line with their Individual Healthcare Plan (IHP) and school allergy arrangements; this menu is not the sole safety check.

| | MON 5 OCT | TUE 6 OCT | WED 7 OCT | THU 8 OCT | FRI 9 OCT |
|---|---|---|---|---|---|
| **MAIN** | **Pasta arrabiata**<br>Contains: Wheat (gluten) | **Homemade pizza with various toppings**<br>Contains: Wheat (gluten), Milk | **Sausage roll**<br>Contains: Wheat (gluten), Sulphites | **Chicken pie**<br>Contains: Wheat (gluten), Milk | **Battered fish**<br>Contains: Wheat (gluten), Fish |
| **HALAL** | **Pasta arrabiata**<br>Contains: Wheat (gluten) | **Homemade pizza with various toppings**<br>Contains: Wheat (gluten), Milk | **Veggie sausage roll**<br>Contains: Wheat (gluten), Barley (gluten), Soya | **Chicken pie**<br>Contains: Wheat (gluten), Milk | **Battered fish**<br>Contains: Wheat (gluten), Fish |
| **VEGETARIAN** | **Veggie pasta arrabiata**<br>Contains: Wheat (gluten) | **Homemade pizza with various toppings**<br>Contains: Wheat (gluten), Milk | **Veggie sausage roll**<br>Contains: Wheat (gluten), Barley (gluten), Soya | **Vegetable quiche**<br>Contains: Wheat (gluten), Milk, Egg | **Veggie nuggets**<br>Contains: Wheat (gluten) |
| **SERVED WITH** | **Sweetcorn**<br>**Garlic bread** [Wheat (gluten)]<br>**Grated cheese** [Milk]<br>**Salad** | **Pepperoni** [Milk]<br>**Ham & pineapple**<br>**BBQ chicken & sweetcorn** [Celery, Wheat (gluten), Barley (gluten), Soya]<br>**Vegetable**<br>**Cheese & tomato**<br>**Pasta salads** [Wheat (gluten)]<br>**Coleslaw** [Egg]<br>**Salad** | **Homemade wedges**<br>**Baked beans**<br>**Coleslaw**<br>**Salad** | **Mashed potato**<br>**Broccoli**<br>**Carrots**<br>**Gravy** [Wheat (gluten), Soya] | **Diced potatoes** [Wheat (gluten)]<br>**Baked beans**<br>**Mushy peas**<br>**Salad** |

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**Important:** "Contains" identifies allergens recorded in the supplied menu. It does not mean a dish is safe for a pupil with an allergy. Check cross-contact, supplier/recipe changes and precautionary allergen information through the catering allergen-control process. If information is unclear or has changed, do not serve until verified.

# WEEK 42 — SCHOOL LUNCH MENU

Allergen information is based on the supplied catering menu data. **Always verify current recipes and ingredient specifications before service.** Pupils with diagnosed allergies must be supported in line with their Individual Healthcare Plan (IHP) and school allergy arrangements; this menu is not the sole safety check.

| | MON 12 OCT | TUE 13 OCT | WED 14 OCT | THU 15 OCT | FRI 16 OCT |
|---|---|---|---|---|---|
| **MAIN** | **Macaroni cheese with bacon**<br>Contains: Wheat (gluten), Milk, Mustard | **Jacket potato**<br>Contains: No regulated allergens listed in supplied menu data | **Beef stroganoff**<br>Contains: Wheat (gluten), Milk | **Hunters chicken**<br>Contains: Celery, Wheat (gluten), Milk, Soya | **Pork sausages in a roll**<br>Contains: Sulphites, Wheat (gluten) |
| **HALAL** | **Macaroni cheese**<br>Contains: Wheat (gluten), Milk, Mustard | **Jacket potato**<br>Contains: No regulated allergens listed in supplied menu data | **Beef stroganoff**<br>Contains: Wheat (gluten), Milk | **Hunters chicken (no bacon)**<br>Contains: Celery, Wheat (gluten), Milk, Soya | **Veggie sausages in a roll**<br>Contains: Wheat (gluten) |
| **VEGETARIAN** | **Veggie macaroni cheese**<br>Contains: Wheat (gluten), Milk, Mustard | **Jacket potato**<br>Contains: No regulated allergens listed in supplied menu data | **Mushroom stroganoff**<br>Contains: Wheat (gluten), Milk | **Hunters style Quorn**<br>Contains: Celery, Wheat (gluten), Milk, Soya | **Veggie sausages in a roll**<br>Contains: Wheat (gluten) |
| **SERVED WITH** | **Crusty bread** [Wheat (gluten)]<br>**Peas**<br>**Salad** | **Grated cheese** [Milk]<br>**Baked beans**<br>**Coleslaw** [Milk]<br>**Salad**<br>**Beef chilli**<br>**Tuna mayo** [Egg, Fish]<br>**Coronation chicken** [Egg] | **Rice**<br>**Carrots**<br>**Salad** | **Roast potatoes**<br>**Cauliflower**<br>**Green beans**<br>**Salad** | **Hash brown bites**<br>**Baked beans**<br>**Fried onions**<br>**Salad** |

**ALLERGEN KEY — 14 REGULATED ALLERGENS: CEL** Celery **| GLU** Cereals containing gluten **| CRU** Crustaceans **| EGG** Eggs **| FIS** Fish **| LUP** Lupin **| MIL** Milk **| MOL** Molluscs **| MUS** Mustard **| PEA** Peanuts **| SES** Sesame **| SOY** Soya **| SUL** Sulphites **| NUT** Tree nuts
**Important:** "Contains" identifies allergens recorded in the supplied menu. It does not mean a dish is safe for a pupil with an allergy. Check cross-contact, supplier/recipe changes and precautionary allergen information through the catering allergen-control process. If information is unclear or has changed, do not serve until verified.